

SEACSM EXECUTIVE BOARD MEETING
Board Room: Hyatt, Greenville, SC

JUNE 11, 2010

Present: Peter Grandjean, Alan Utter, Lynn Berry, Michael Berry, Sean Bryan, JC Churilla, Mark Loftin, Brandon Hollis, Beverly Warren, David Pascoe, John Quindry, Cherilyn Hultquist, Don Torok, Kyle Cassas.

7:30 AM

I. Welcome: Pete Grandjean did a welcome to the meeting and everyone gave a brief introduction.

II. Approval of Minutes from Previous Board Meetings (2/11/10 and 2/13/10). Motion by Sean, seconded by Mark to accept the minutes with the corrections as submitted by Sean and Michael. Motion passed unanimously.

III. General Chapter Business

A. Chapter Financial Report: Lynn Berry at this point at the end of April we are at a net loss of about \$3804. That does not include all of the membership, which was done via ACSM. Presently we have \$23,223 and \$71,548 in money markets and \$6,451 in checking. Social at ACSM was \$1800 and another \$900 for student checks for national meeting. We have to look for ways to get our financial efforts better in line with our expenses. We brought in about \$32,000 in registration fees, exhibit fees were 865, 8485 for sponsorships. We brought in a total of about \$15,000 in sponsorship, due to some of it being recorded in last years budget. Clinical program pays for it's program. We received \$3995 from ACSM, we spent \$8628 on travel; spent 6300 on awards, and honorariums; \$1600 for CME, and the hotel \$61,000. So we collect 31,000 from the meeting registration, so that leaves about \$30,000 from membership dues and other sponsorship means. We spent around \$10,236 for AV from around need some count as part of the clinical for the luncheon; Lynn gave some info on the cost of different meeting functions. Michael made a motion to raise the fee for the meeting for professionals \$10 for pre and \$15 for onsite registration, seconded by Mark- Motion passed unanimously. Discussion on how posting the luncheon speaker info may have helped to bring people to the event and need to have some idea of how many of the clinical people will be attending the luncheon. Discussion on some of the AV costs and can we still run a professional meeting. Since we are now using AV projectors from the hotel and the AV teams are bring two computers from their school. The AV teams then loads from the jump drive all of the presentations on to the computers.

B. Chapter Updates from National: Lynn Berry/ Bev Warren- Many national members are not members of the regional chapter. Why does national just add the regional fee to national membership and then pass it on to the regional chapters. Lynn is looking to talk to National to see ways that they can assist us in our operations. Bev-3 points from the national meeting, emeriti membership- possible as them to host a session, 2-more with exercise is medicine- seems to be written for people with money, Barbara Ainsworth will focus more on under server members, 3-chapters to consider more opportunities for undergraduate research. There is a research meeting- March 31 to April 2 at Ithaca University. October is the deadline for this meeting submission. Discussion on promoting this event might take away from our meeting. ACSM- provides our regional chapter with about \$3200, No discussion at national meeting, of changing this amount. Jim Pivarnik donated his \$300 honorarium for student awards; There is Female Clinical award available with a cash award. Get the word out. There is money for Students, check with Heather Turner at national for these opportunities.

C. 2010 Fall Lecture Tour (LA, MS, TN, KY): Pete Grandjean-John Garner from Ole Miss has been chosen to select and invite the speaker and determine the locations for the 2010 Fall SEACSM lecture tour.

D. Nominations for Officers/Board Members: Alan Utter talked with Judy, and she will send the past info to Alan. Alan hopes to have all of the candidates selected before October.

E. Fall Teleconference: Pete Grandjean October 6 around 4 PM eastern for this phone conference.

F. Web Site/ Communications: Don Torok/ Alan Utter/ Lynn Berry Don passed out a sheet with important dates for the upcoming year. (see Addendum). Don will check on cost to create access program to format the abstract submissions into an access database. About half of all of the meeting programs are now posted on the website. Don listed programs that he needs to complete the job of posting all of the SEACSM meeting programs to date on the website.

G. Items of Discussion from the Executive Board Pete started the discussion on concerns with his being outside of the region, since he has taken a job at Baylor. Discussion on Peter being able to complete his duty as President. Since he was willing and saw this as a commitment that he already made to the SEACSM chapter, the executive board was fine with him completing his duties.

IV. Planning for 2011 SEACSM Meeting: February 3 – 5, 2011

A. Clinical Track Programming: Kyle Cassas/ Sean Bryan-Did the welcome as the chair of the clinical committee and he informed the board the Kyle Cassas is acting as the chair of the clinical committee this year. Kyle passed out a sheet with the names of all of the members of the clinical committee and their proposed topics for the upcoming meeting. (See Addendum 1) The theme for this year will be the endurance athlete. We had 40-50 to register for the meeting last year. The ORC, same group as last year is doing the CME, Same program schedule as last year, with 8-10 lectures, and about 9 fellow case studies. We are looking at the same sponsorship to follow-up, We already have two speakers confirmed for the meeting and a few alternates. Franklin Sease is coordinating the case studies with Rob Hosey. The clinical cases could not be finalized until early December. Since fellows start on July 1, they need time to complete their work. Since Dr. Best is an orthopedic, he could possibly provide an additional talk for your program. Great to see that you have Ray Moss from Furman is involved with the program, Lots of the speakers are local. As far as paying speakers: \$200 within the chapter and \$500 outside the chapter. Is there some connection with the local cycling community? Yes-we were thinking if Dave Murray could ask George Hippicapp could come to speak.. since they are right here in Greenville area. It was mentioned that there are a lot of faculty member with our academic department that could give some of the talks listed on the proposed program. Just ask for our suggestions. Just be careful to not move away from the Science. Various specific topic speakers were suggested. Sounds like a great program and we just need to coordinate to not conflict with our programs.

B. Sponsorship and Exhibitors: Michael Berry said there was about \$20,250 collected this past year for the meeting. ACSM \$3750, Gatorade Sport Science Institute-\$1000, Additional supporter Life Measurement-\$2500, Interm HealthCare-\$2000, Champion \$1000, SonoSite, Bodystat-\$500, Acceleration Sports Institute, Harvest Therapy, Proaxis Therapy, Steadman Hawkins Clinic of the Carolinas; \$750 Exhibitors: AEI Technologies, Cosmed, HydroWorx, Human Kinetic Publishers, Empi, ImPACT Concussion Management, iWorx, Parvo

Medics, Phillips Ultrasound, Smith and Nephew Clinical Therapies, Vacu Med, There was great local support. We do have limited space, increased from 350 to 500; Michael gave an overview of the supporter guide and the different opportunities; Discussion on whether to make our mailing address available to vendors. The board was not in favor of doing this at this time.

C. Invited Speakers: Dave Pascoe Tom Best, Friend or Foe, Presidential Lecture; Jeff Lichtman, Human Connectome-Basic Science; Brent Ruby Luncheon Lecture- Quantifying the limits of human performance outside of the laboratory; Scott Powers Exercise can protect against a broken heart-Keynote. Be sure to contact Heather Turner at ACSM to arrange for their travel. Discussion on whether Tom Best could move his talk on Friday, so it could be a crossover for the Clinical Track.

D. Naming the President's Lecture: Pete Grandjean talked about Andy Kozar, we gave 200 to funding two programs in his honor- Motion made by Michael and seconded by Sean to name the Presidential Lecture as the Andy Kozar Presidential Lecture. Motion passed unanimously.

E. Montoye Scholar Award & Lecture: Alan Utter-Look at some of the people from the past group and new names and get the selection done by October 1, Committee of about 4 to make the selection.

F. SEACSM History Project: Pete Grandjean/ Alan Utter-Pete said Tim Lightfoot had talked to Andy K, but that did not come together before Andy's passing. SEACSM donated to two funds in honor of Dr. Kozar. The board discussed the naming of the Presidential lecture in his honor as being the chapter's first President. Discussion on how we best share this honor with either the family or the members who attended this first chapter meeting in 1973. Discussion on making sure that we allow enough time for this event and the other lecture to follow. May be better to do this on Thursday night. The executive board ask the past presidents to take on the task on how we best generate the history of the chapter and shot for the meeting in Jacksonville. Acsm has a historian and ACSM have created a set of DVD's on the history. Bring this discussion back during the phone conference.

G. Past President's Lunch: Alan Utter-Get from Judy the email listing- Be sure to add Judy to the list- need the final count a week before the meeting. Trying to do a historical talk for the 40th meeting.

H. Call for Abstracts: Dave Pascoe/ Don Torok-get all changes before August 1st. Need to give the date of the deadline in very specific terms. Give the time as 11:59 PM on the Date. The notice goes out as an email blast. No tables in the abstract.

I. Student Award Abstracts: Alan Utter/ Don Torok change to three groups- doctoral, master's, and undergraduate, 3 groups with 2 awards (\$300 for first, \$200 for second). The final posters have to be limited to eight in each group. Michael made a motion to have three categories with \$300 for first and \$200 for second- Motion seconded by Dave- Motion passed unanimously. Each student will make a short presentation of 5 minutes. Make sure that we change the abstract form and that we get this info in the newsletter.

J. Poster Sessions: Pete Grandjean/ Dave Pascoe Added a named chair, numbered the sessions 1-24, did not work out. Provide an envelope with poster numbers to pin on the board for every session. Just need to make the sure the poster sessions match the program. Need to make arrangements to move the poster boards since we have to get the boards from outside

the hotel. They need to be moved about three times. Try to give this assignment to one of the AV teams.

K. Student Bowl: John Quindry/ Mark Loftin/ Brandon Hollis- John gave a demonstration on using clickers as part of a potential new method or running the event. There is also a score sheet at the table, to record the response. This seemed to work very well. The morning of the event was the deadline for teams to register and they must have a coach (faculty or graduate student). Undergraduate and graduate teams will be allowed. If a graduate student is on the team, then they are in the graduate category. Hold clicker up if abstaining. Emphasis will be give to undergrad teams. Discussion on the questions: before the meeting a committee reviews the questions to reduce some of the challenges to the questions. Can we have another column- to address some of the history in the field. (Mixing Chamber)

L. Audio/Visual: James Churilla/ Cherilyn Hultquist- JC is proposing that we use jump drives to store the oral –free communications- buying 10 jump drives, (2 to 4 gig) drives (JC will buy and send the bill to Lynn); each team (2 students) brings two computers; need the Supporter slide, get out and vote slide, put on the free communication and tutorials and also the lunch slide; make sure that everyone gets the slides. JC will ask presenters to bring their own or to use SEACSM pointers-student must check pointers out at the registration desk. Put mic into large rooms for questions from the floor. Be sure to add these mics on the required AV needs from the hotel. Get directions on how to loop slides for the phone conference in October. Be sure to have a meeting with teams before the meeting.

M. Graduate Student Fair: Mark Loftin/ John Quindry Mark- has the powerpoint on the grad fair, only one school has not paid from last year. Good social event. Check on the extra fee for an electrical outlet. Some discussion on how payment needs to occur. Only a few ask for electricity. Motion made to change the fee structure to: \$75 by November 1, \$85 by December 1, and \$100 after December 1, plus any additional fees for electricity. Motion passed.

N. Women's Breakfast: Lynn Berry: Peter said he talked with Judith Flohr and said that Michael will send the sponsor guide to distribute to her committee. Bev volunteered to assist with this event. Tell the candidates running for office that they need to attend the post-board meeting if elected.

O. Registration & Social: Lynn Berry gave an overview on the process. Almost 423 pre-registered out of the 602 that attended. The big issue is if individuals are national members. Why not just have them login to ACSM to show this membership. The data cord for the vendors should also be accessible to the registration desk. Make sure that people that pre-paid get a meeting packet.

P. Meeting Promotion/Advertisement: Lynn Berry/ Don Torok/ Executive Board- create a pdf of the program-is there a group of people within a certain distance of the site that we would like to attack to the meeting. Try to address the local area. Discussion on the Facebook page- SEACSM Chapter. Need to post a poster that we have a facebook page and send out an email blast. We did not capture why people are attending the meeting and what did they like and what can we go better. Try to put together a survey monkey questionnaire (10 questions). Get this together for the Fall phone conference. Need to think about where we might go after our next meeting in Jacksonville. Board meeting in February will begin at Noon.

Peter adjourned the meeting. 2:15 PM.